



*Winter 2019*

**NEW COURSE TITLES INCLUDE:**

*Introduction to Poetry Writing, Understanding Social Security, Band of Brothers, How to Become a Bluebird Landlord, How Hymnals Reflect Theological, Cultural, and Political Changes, What Your Lab Tests Really (REALLY) Mean, Whatever Happened to the U.S. Constitution and many more...*

Registration opens

*January 2, 2019*

Register in person, by phone, by mail or online  
at: [www.olliatclemson.org](http://www.olliatclemson.org)



**CLEMSON AREA TRANSIT  
NOW STOPS AT THE CHEEZEM  
EDUCATION CENTER**

Stop by the Center and pick up a schedule today. This free bus service puts you on Clemson University's campus in less than 15 minutes.

*Growing Again...*

**CLEMSON**

OSHER LIFELONG  
LEARNING INSTITUTE

FIND US ON  
SOCIAL MEDIA





# Five ways to experience OLLI this winter

## Winter 2019 Term Launch Event

Friday, January 18  
10:00 a.m. to 12:00 p.m.  
The Inn at Patrick Square  
Enjoy food, speakers, info tables from  
Special Interest Groups, and more...

The INN at  
PATRICK  
SQUARE  
CLEMSON • SOUTH CAROLINA



## Dean's Lecture Series

Fridays beginning January 25  
Join Dean Leslie Hossfeld as she hosts  
four University faculty presentations  
about their latest research and  
scholarship. See page 3 for more  
details.



Dean Leslie Hossfeld

## Enjoy the OLLI Art Group Exhibition

throughout the Cheezem Education  
Center in February and March, and  
join us for the Exhibit Opening  
Reception, Thursday, February 7, 5:00  
p.m. to 6:30 p.m.



## Get ready for Spring

with the one-day seminar "The OLLI  
Gardener" Friday, February 22. See  
page 4 for more information.

Join the OLLI Gardening Group,  
meeting the first Wednesday of every  
month!

## Volunteer!

Your OLLI is a cooperative venture -  
discover your volunteer opportunities  
at the IVOLLI Volunteer Open House  
Tuesday, January 15, 1:00 p.m. at the  
Cheezem Education Center.

# VOLUNTEER



# OLLI Event calendar

## January 15

IVOLLI Volunteer Open House  
1:00 p.m.; Cheezem Education Center

## January 18

Welcome Back! Winter Term Launch  
Event, 10:00 a.m.; Inn at Patrick  
Square

## January 22

Submit your Spring 2019 OLLI Course  
Proposal

## January 23

New and Returning Member  
Orientation; 10:30 a.m.; Cheezem  
Education Center

## February 7

OLLI Art Group Exhibition Opening  
Reception, 5:00 p.m.; Cheezem  
Education Center

## Course Descriptions by category

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- p. 10 Health and Wellness
- p. 12 History, Politics, and Government
- p. 16 Home and Garden
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Adventures
- p. 22 Practical Arts and Hobbies
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Religion
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## Music, Song and Storytelling from "Truckstop Shirley"

Friday, February 8, 2:00 p.m.

Cheezem Education Center

Open to the Public

*Truckstop Shirley* – both a book and a musical event – tells the story of the first black woman in South Carolina to manage a truck stop on a major interstate. Shirley, at six foot five inches tall and with size 15 shoes, began her journey picking cotton as the daughter of a tenant farmer; she picked and carried over three hundred pounds of cotton per day. The landowners sold the land on which her family tenant farmed to purchase a truck stop, where Shirley worked as a waitress, cook, and eventually a manager for almost forty years. This story is a story of courage, perseverance, and survival in the life of Shirley Estrich. **Dr. Romando James**, professor emeritus at Clemson University is joined by **Tim Holland** and OLLI Board of Advisors President **Richard Cowan** in bringing this performance to OLLI.



*New! back to campus - OLI college*

The **Dean's Lecture Series** introduces OLLI Members to the best of current research and outreach at Clemson University's College of Behavioral, Social and Health Sciences. Hosted by Dean Leslie Hossfeld, this free series will be held at 11:00 a.m. at the Cheezem Education Center.

- January 25** Dr. John Coggeshall, Professor, Department of Sociology, Anthropology and Criminal Justice will speak on Liberia, South Carolina, a community first founded by freed slaves in northern Pickens County at the end of the Civil War. His book, *Liberia, South Carolina: An African American Appalachian Community* will be available; all royalties are returned to the community for historic preservation.
- February 15** Dr. Darren Linvill, Associate Professor, Department of Communication and Dr. Patrick Warren, Associate Professor, Department of Economics will present their research on social media accounts created by Russian agencies to negatively influence election cycles and political discourse.
- March 8** Mr. David Markus, Lecturer, Department of Sociology, Anthropology and Criminal Justice will discuss his work on Fort Hill property archaeological excavation. Students and faculty have been working to complete the history of the home to include the experiences of the enslaved African Americans who lived and worked at Fort Hill.
- March 29** Dr. Travers Scott, Associate Professor, Department of Communication will speak on his research into the realities of technology addictions, technology-induced sicknesses and what he calls "technopathologies." His recent book *Pathology and Technology: Killer Apps & Sick Users* will be available for purchasing and signing.

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### **Clemson 101: Clemson University in Four Parts**

4 Wednesdays; February 6, February 20, March 6 and March 20 - Register by January 29

Approximately 12:00 p.m. to 4:30 p.m. each day; final itinerary will be provided before first session.

Departs from Cheezem Education Center

Tuition: \$54 includes all guides and tours, and ice cream at the '55 Exchange.

Go back to campus with this four-session program illustrating some of the best aspects of living in a college town. Traveling by CatBus, students will go behind the scenes with Will Hiott to learn about the historic properties on campus; Denise Woodward-Detrich and Thomas Hudgins will illustrate the artistic side of the University. Students will be oriented to the campus on a general tour, experience the state-of-the-art Watt Innovation Center and discover what a modern University library holds. You'll polish off your campus experience with ice cream at the beloved '55 Exchange. Once you know your way around, consider auditing a class!

**Sandy Kumm**, OLLI Volunteer and Excursion Leader, coordinates this series of on-campus tours designed to make you feel like a Clemson University alum.



*New! Don't Miss These . . .*

### *Poetry Reading*

#### **Archive: South Carolina Poetry Since 2005**

Friday, February 8, 11:00 a.m.

Cheezem Education Center

Free and Open to the Public

Jeffrey Makala, special collections librarian and university archivist at Furman University's James B. Duke Library, brings a select group of poets to read from *Archive: South Carolina Poetry Since 2005*, perhaps even OLLI's own Skip Eisiminger. The book includes the writings of 46 contemporary South Carolina poets and is published by Ninety-Six Press.

### *A Novel Approach*

#### **One Foot in Eden: Exploring Jocassee Past and Present**

Every other Monday, February 4 and 18, March 4 and 18

Approximately 1:00 p.m. to 3:00 p.m. each day; final itinerary will be provided before first session.

Tuition: \$49, includes book and four presentations

Welcome to a new OLLI program format! "A Novel Approach" is designed to be an annual Winter Term offering in which students will read a novel and experience its context through other formats. For our inaugural event, participants will receive a copy of beloved author Ron Rash's *One Foot in Eden* – and five different activities will expand on the book's setting, all with one goal – to gain a deeper understanding of the story told. Call it a book club with a twist! Students may attend one, two or all of the related programs throughout the Winter Term (but be sure to read the book first). Sessions include a lecture by Jocassee expert **Claudia Hembree**, a guided movie screening of the 1960s classic "Wild River" and a half-day hike with **Dennis Chastain**. For an additional fee, participants may join a guided boat tour of Jocassee Lake to be scheduled in early April.

### *The OLLI Gardener*

Friday, February 22

9:15 a.m. to 4:00 p.m.

Cheezem Education Center

Tuition: \$59, includes five sessions and lunch

Whether you're renovating a landscape space or recharging your gardening enthusiasm over the winter, this day-long seminar will cover ideas on design, plant choices, cultivation and maintenance techniques, and more! Speakers include:

- Clemson University faculty **Ellen Vincent** (Ph.D. in Environmental Design and Planning) hosting a keynote session on sustainable garden design;
- Members of the South Carolina Native Plant Society speaking on best native plant choices;
- South Carolina Master Gardeners hosting a "garden help desk;" and
- Breakout sessions in which experienced OLLI and professional gardeners speaking on pruning, container gardening and more.



# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6</b>	<b>7</b> OLLI Bridge OLLI Coffee House OLLI Art	<b>8</b> OLLI Tai Chi OLLI Mah Jongg	<b>9</b> OLLI Needles and Threads	<b>10</b> OLLI Mah Jongg - Westminster Depot Science on Tap: How to Build an Animal	<b>11</b> OLLI Pickleball	<b>12</b>
<b>13</b>	<b>14</b> OLLI Bridge OLLI Art	<b>15</b> OLLI Tai Chi I-VOLLI Open House OLLI Mah Jongg OLLI Board Games	<b>16</b> OLLI Needles and Threads	<b>17</b> OLLI Mah Jongg - Westminster Depot Utsey Chamber Music Series: Lysander Piano Trio	<b>18</b> 2019 Winter Term Launch Event OLLI Writers OLLI Pickleball OLLI Lightroom and Photoshop Users	<b>19</b>
<b>20</b>	<b>21</b> <b>OLLI Office Closed for Martin Luther King, Jr. Day</b>	<b>22</b> OLLI Tai Chi OLLI Mah Jongg Spring 2019 Course Proposals Due	<b>23</b> New and Returning Member Orientation Has the USA Gone Haywire? (p.12) OLLI Needles and Threads	<b>24</b> Tai Chi 24 Form: An Introduction (p.10) Images of War (p.12) What Ever Happened to the Constitution? (p.13) OLLI Mah Jongg - Westminster Depot The Philosopher's Toolkit (p.23)	<b>25</b> OLLI Dean's Lecture Series: Dr. John Coggeshall OLLI Pickleball	<b>26</b>
<b>27</b>	<b>28</b> OLLI Bridge Conservatism versus Liberalism (p.13) OLLI Art	<b>29</b> OLLI Tai Chi Knitting Basics (p.22) OLLI Mah Jongg Staying Strong and Mobile into the Senior Years (p.10)	<b>30</b> OLLI Needles and Threads	<b>31</b> The Panama Canal: Amazing History, Interesting Engineering (p.13) OLLI Mah Jongg - Westminster Depot	<b>1</b> OLLI Book Club OLLI Writers Technical Insights OLLI Pickleball	<b>2</b>
<b>3</b>	<b>4</b> Panorama of the Hebrew Bible / Old Testament (p.23) What Your Lab Tests Really (REALLY) Mean (p.25) OLLI Bridge A Novel Approach - One Foot in Eden: Exploring Jocassee Past and Present (p.4) OLLI Art	<b>5</b> An American Way of War - Part 1 (p.13) OLLI Tai Chi Beginning Mah Jongg (p.22) Discover Your Home Town: The History of Seneca, South Carolina (p.14) Marbling Paper (p.22) OLLI Mah Jongg OLLI Board Games	<b>6</b> <b>Clemson 101: Clemson University in Four Parts (p.3)</b> OLLI Needles and Threads OLLI Gardening	<b>7</b> <b>Industry in the Upstate: BMW Plant Expands and Reopens (p.25)</b> Twelve O'clock High - The US Army Air Force's Contribution to Victory in Europe in WWII (p.14) Quantum Theory for Barstool Physicists and Starbucks Philosophers (p.25) OLLI Mah Jongg - Westminster Depot OLLI Art Exhibit Opening	<b>8</b> OLLI Pickleball Poetry Reading: Archive: South Carolina Poetry Since 2005 Music, Song and Storytelling from "Truckstop Shirley"	<b>9</b>

# FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10</b>	<b>11</b> OLLI Bridge OLLI Coffee House How Hymnals Reflect Theological, Cultural, and Political Changes (p.24) OLLI Art	<b>12</b> <b>The High Re- Imagined: A Visit to the Newly Renovated High Museum of Art (p.9)</b> OLLI Tai Chi How to Become a Bluebird Landlord (p.16) D-Day through the Eyes of Curtis C. Norbeck (p.14) OLLI Mah Jongg	<b>13</b> Camellias in the Home Landscape (p.16) OLLI Needles and Threads	<b>14</b> A Sociological Look at the Cultural Changes of Late 1940s-1960s (p.24) Beginner Stained Glass (p.22) OLLI Mah Jongg - Westminster Depot Science on Tap: Parasite Love: Bad Romance and Toxic Relationships	<b>15</b> OLLI Writers OLLI Dean's Lecture Series: Dr. Darren Linville and Dr. Patrick Warren OLLI Pickleball OLLI Lightroom and Photoshop Users	<b>16</b>
<b>17</b> <b>Experience Farruquito Flamenco at the Newberry Opera House (p.9)</b>	<b>18</b> OLLI Bridge OLLI Art	<b>19</b> Vinyasa Flow Yoga (p.10) OLLI Tai Chi Understanding Social Security (p.11) OLLI Mah Jongg Endurance: The Incredible Voyage of Ernest Shackleton (p.15) OLLI Board Games	<b>20</b> We Can Die Better (p.24) OLLI Needles and Threads	<b>21</b> <b>Your Government in Action (p.14)</b> OLLI Mah Jongg - Westminster Depot The Films of Sidney Poitier (p.9) Getting Organized: Developing Financial Tools to Keep You Informed (p.11) Clemson Players: <i>The Foreigner</i>	<b>22</b> The OLLI Gardener (p.4) OLLI Pickleball Clemson Players: <i>The Foreigner</i>	<b>23</b> Keowee- Toxaway Day Hike (p.19) Clemson Players: <i>The Foreigner</i>
<b>24</b> Clemson Players: <i>The Foreigner</i>	<b>25</b> OLLI Bridge OLLI Coffee House OLLI Art	<b>26</b> OLLI Tai Chi Let's Talk about GMOs (p.25) OLLI Mah Jongg Introduction to Poetry Writing (p.9)	<b>27</b> <b>A Day in ATL: Explore and Discover the Wonders of the Georgia Aquarium (p.25)</b> OLLI Needles and Threads	<b>28</b> Internet Safety: Are you Doing Everything to Keep Yourself Safe? (p.26) Photographing Water (p.22) OLLI Mah Jongg - Westminster Depot	<b>1</b> Technical Insights	<b>2</b>
<b>3</b>	<b>4</b> OLLI Bridge OLLI Art Compost: Making Black Gold in Your Own Backyard (p.16) Hikes in the Hills (p.19) A Plausible Man: the Life of Author, Activist, and Fugitive Slave, John Andrew Jackson (p.15) Elements of Landscape Design (p.19)	<b>5</b> OLLI Tai Chi Band of Brothers (p.15) <b>Clemson University: A "High Seminary" (p.26)</b> Today's Reverse Mortgages (p.11) OLLI Mah Jongg Intermediate Stained Glass (p.23) OLLI Board Games Utsey Chamber Music Series: Cantus	<b>6</b> Shining YOUR Light: DISCover Your Unique Behavior Type and Relate Better with Others (p.11) OLLI Needles and Threads OLLI Gardening	<b>7</b> OLLI Mah Jongg - Westminster Depot	<b>8</b> OLLI Dean's Lecture Series: Mr. David Markus OLLI Pickleball	<b>9</b> Bridal Veil Falls Day Hike (p.19)

**FEBRUARY**

**MARCH**



MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10</b>	<b>11</b> Anatomy of a House (p.26) OLLI Bridge OLLI Coffee House OLLI Art	<b>12</b> OLLI Tai Chi Smashing that Genealogy Brick Wall using Clemson Resources (p.23) OLLI Mah Jongg Estate Planning Essentials (p.11)	<b>13</b> Danny Boy Revisited: More Dark Chapters in Irish History (p.16) OLLI Needles and Threads	<b>14</b> OLLI Mah Jongg - Westminster Depot Science on Tap	<b>15</b> OLLI Writers OLLI Pickleball The Green Beret Way OLLI Lightroom and Photoshop Users	<b>16</b>
<b>17</b>	<b>18</b> OLLI Bridge How an Astronerd Thinks (p.26) OLLI Art	<b>19</b> OLLI Tai Chi <b>Industry in the Upstate: BMW Plant Expands and Reopens (p.25)</b> OLLI Mah Jongg OLLI Board Games	<b>20</b> Jocassee Gorges (p.20) Five Wishes: Take Charge of Your Healthcare Decisions (p.12) OLLI Needles and Threads	<b>21</b> <b>A Visit to Riverbanks Zoo and Botanical Garden (p.20)</b> How to Eat Well in 2019 (p.12) OLLI Mah Jongg - Westminster Depot Google Photos: Free (Yes, Free) Backup and Organization for Your Photos (p.27)	<b>22</b> OLLI Pickleball	<b>23</b>
<b>24</b>	<b>25</b> OLLI Bridge OLLI Coffee House OLLI Art	<b>26</b> OLLI Tai Chi OLLI Mah Jongg	<b>27</b> OLLI Needles and Threads <b>Upstate Agriculture with Split Creek Farm and Clemson University's Small Ruminant Research Farm (p.27)</b>	<b>28</b> Short and Sweet Waterfall Hike to Station Cove (p.20) OLLI Mah Jongg - Westminster Depot	<b>29</b> OLLI Dean's Lecture Series: Dr. Travers Scott OLLI Pickleball	<b>30</b>
<b>31</b>	<b>1</b> OLLI Bridge OLLI Art Introduction to Google Drive (p.27)	<b>2</b> OLLI Tai Chi <b>Feed and Seed: Combating Food Inequities in Our Region (p.27)</b> OLLI Mah Jongg OLLI Board Games	<b>3</b> OLLI Needles and Threads OLLI Gardening	<b>4</b> New Zealand: Geography, History, Ecology, and Travel (p.10) OLLI Mah Jongg - Westminster Depot	<b>5</b> OLLI Book Club OLLI Writers Technical Insights OLLI Pickleball The Green Beret Way (Back Cover)	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> Short and Sweet Waterfall Hike to DuPont Forest: High Falls, Triple Falls and Hooker Falls (p.20)	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b> Flatwater Paddling on Lake Jocassee (p.21)	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> Short and Sweet Waterfall Hike to Sassafras Mountain Overlook and Twin Falls (p.21)	<b>19</b>	<b>20</b>

APRIL



# *code of conduct*

## FOR MEMBERS AND INSTRUCTORS OF OLLI AT CLEMSON UNIVERSITY

OLLI at CU is a community of intellectually active mature adults. Membership entails mutual respect among members and instructors as they pursue knowledge and explore individual interests. Failure to treat ideas, viewpoints, the classroom environment and interests of other members of the community with respect and civility compromises the intellectual climate at OLLI, and cannot be tolerated. The OLLI administration and volunteer leadership are responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs.

This OLLI at CU Code of Conduct is congruent with that for students at Clemson University ([www.clemson.edu/administration/student-affairs/student-handbook/code-of-conduct](http://www.clemson.edu/administration/student-affairs/student-handbook/code-of-conduct)) in promoting behavior that enables enlightened discourse among individuals.

## *Activity levels*

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a particular program.

### **E Easy**

These programs require minimal physical fitness and consist of little physical activity.

### **M Moderate**

These programs consist of slightly more physical activity than those in the “Easy” category. These programs may, for example, consist of equal parts walking and riding, sitting, or stopping.

### **A Active**

These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many Programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.

### **MC Moderately Challenging**

These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.



## Art, Culture, Music and Travel

### **New!** The High Re-Imagined: A Visit to the Newly Renovated High Museum of Art

Tuesday, February 12 - Register by February 1  
Departs Cheezem Education Center at 8:30 a.m. and returns at approximately 6:00 p.m.; total travel time ~ 5 hours  
Tuition: \$89; includes transportation, lunch, and docent-led tour of the High Museum

The High Museum of Art, originally founded in 1905 as the Atlanta Art Association, is currently the permanent home of more than 15,000 works of art, located in downtown Atlanta, Georgia. The collection includes nineteenth- and twentieth-century American and decorative art, European paintings, African American art, and modern and contemporary art. For the first time since its expansion in 2005, the High Museum recently completed a renovation and reinstallation of its permanent exhibits. With refreshed, reimagined, and diversified exhibit space, the new permanent collection showcases pieces from artists with a variety of backgrounds. Iconic masterworks are side by side pieces never-before-displayed, including works by women and artists of color. A guided tour of the new exhibit space is followed by time on your own to discover the five levels of the museum. Lunch at restaurant Twelve Eighty is included and features local, farm-to-fork dishes.

OLLI excursion coordinator **Raine Templeton-Bradley** will host this day trip to Atlanta, OLLI's first trip to the High Museum in two years.

### **New!** Experience *Farruquito Flamenco* at the Newberry Opera House

Sunday, February 17 - Register by February 5  
Departs Cheezem Education Center at 10:45 a.m. and returns at approximately 7:30 p.m.; total travel time ~ 4 hours  
Tuition: \$99; includes transportation, lunch, and Opera House performance

The town of Newberry is one of South Carolina's most inviting cultural and historic treasures! Spend time in downtown Newberry for lunch before attending *Farruquito Flamenco* at the historic Newberry Opera House. Completed in 1881, the Newberry Opera House features local performers as well as well-known artists like Edwin McCain, Arlo Guthrie, Wynton Marsalis and Travis Tritt. In this performance, Farruquito, grandson of "El Farruco" and principal heir to the most renowned

Gypsy flamenco dynasty, will be sharing the legacy of his forefathers in an exciting, high-energy, and technically perfected performance.

Fresh from a trip to Barcelona, OLLI director **Julie Vidotto** leads this day excursion designed to warm the heart!

### **New!** The Films of Sidney Poitier

4 Thursdays, February 21 to March 14  
1:00 p.m. to 3:00 p.m.  
Cheezem Education Center  
Tuition: \$29

Examine the works of famed actor and director Sidney Poitier. We begin with his early works where he was often a show piece and continue to his award-winning films and films he directed. We'll address the controversial topics and themes that Hollywood was timid about exploring. Develop skills which bring you beyond passively viewing films (in this case Sidney Poitier) to actively watching films with a critical eye. In-class view provides the basis for a lively discussion!

**Omanii Abdullah** has taught film classes at Syracuse University for the past 15 years including the films of Spike Lee, the image of women of color in film, international films, the films of Sidney Poitier, and interpersonal communication through films. He is currently teaching the films of Sidney Poitier and international films as a part of the lifelong learning program at Wofford College.

### **New!** Introduction to Poetry Writing

5 Tuesdays, February 26 to March 26  
3:00 p.m. to 4:30 p.m.  
Walhalla Depot  
Tuition: \$54

Does your inner voice dictate beautiful thoughts about the world around you, but you feel stymied by the traditions of rhythm and rhyme? Let's awake your inner writer and give your voice an outlet with a short sequence of free verse poems. Learn the rules, break the rules and paint your world, your feelings and ideas with language. You can do this! We will read each other's poetry in a workshop atmosphere designed to help us improve our craft in the most constructive and considerate way. You will write a new poem every week, to produce a short book of your own poetry, which you will bind as a final project to display or share as you wish.

**Martha Miller** holds a master's degree in creative writing from Converse College. She won the American Association of Writers and Writing Programs Journal



Award for poetry, as well as awards for short fiction and non-fiction. She has published works in numerous periodicals and magazines, as well as poetry in national literary journals.

### ***New!* New Zealand: Geography, History, Ecology, and Travel**

Thursday, April 4, 11:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$19

Get to know this sovereign island country through four lenses: geography, history, ecology and travel. We'll examine the formation of the islands themselves – there are more than 600 islands in the country, though two main land masses are the most populated. Other topics include the first humans to inhabit the area, the Maori culture, and the “discovery” of the region by the Europeans. We'll look at the region's ecology, its climate and biodiversity, the acts of humans and of the geographic location. Finally, we'll provide travel ideas and tips for anyone planning a visit to New Zealand. This program is co-sponsored by Peace Church, an OLLI at CU Community Partner.

In Spring of 2018, **Russell Stanton** and his wife took a two-week self-guided trip covering both North and South Islands of New Zealand.

## **Health and Wellness**

### **Tai Chi 24 Form: An Introduction** E

10 Thursdays, January 24 to March 28, 9:00 a.m. to 10:30 a.m.

Cheezem Education Center

Tuition: \$80

Tai Chi is a traditional form of Chinese martial arts and a fantastic form of exercise for health. Benefits include improved balance, coordination, flexibility and stress reduction. Compared favorably in research studies to national programs for fall prevention like “Silver Sneakers,” Tai Chi can be an integral part of maintaining health, vitality and independence as we age. Students will be taught breathing exercises, postures, exercise sequences and stepping that when combined, form a short six-minute exercise routine.

**Neil Calkin** and **Bill Lew** are the OLLI Tai Chi teaching team with many years of experience between them.

### **Staying Strong and Mobile into the Senior Years**

2 Tuesdays, January 29 and February 5

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$29

Are you interested in maximizing your mobility and enjoyment of life? Are you dealing with the typical aches and pains that go along with getting older? Is fear of falling limiting your ability to participate in activities that you love? Good posture and core strength are the keys to addressing these issues. We will discuss, demonstrate and practice simple, practical ways to improve strength and flexibility that will enhance balance and safety, and improve quality and enjoyment of life as you age. Students should wear comfortable clothing and sturdy shoes.

**Julie Voss** is a licensed Physical Therapist with 43 years of experience working in the rehabilitation field. She is currently working at LifeStrides Physical Therapy and Rehabilitation in West Union, S.C.

### **Vinyasa Flow Yoga (Beginner/Intermediate)** M

12 Sessions: Tuesdays (February 19, 26, March 5, 19, 26, April 2) from 8:15 a.m. to 9:30 a.m. and Thursdays (February 21, 28, March 7, 21, 28, April 4) from 4:30 p.m. to 5:45 p.m.

Cheezem Education Center

Tuition: \$85

Considered the most popular form of yoga worldwide, Vinyasa flow yoga will benefit your body, mind and spirit through a sequence of postures combined with a focus on breathing. This course focuses on fundamental yoga poses and builds upon them throughout the sessions to enhance and improve your flexibility, strength, balance and an overall sense of well-being. Some basic yoga experience is preferred but not required, however please come prepared to do standing, seated and supine positions. Instructor will provide suggested modifications as needed. Participants should bring a yoga mat and a towel to class. Yoga blocks and straps will be available.

**Stacy Keelor** has enjoyed spending the past five years practicing Vinyasa flow yoga and integrating it into her positive life outlook and exercise routine. She received her RYT 200-hour teacher training certification from Yoga Alliance in 2016 in Westchester County, New York.

## **New! Understanding Social Security**

2 Tuesdays, February 19 and 26

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$29

Understanding Social Security is critical to your long-term financial well-being and retirement. This course provides an overview of Social Security and how it works, including eligibility, filing options, the importance of timing, and spousal benefits. Additionally, we will discuss implications of working after a person begins collecting benefits and specific circumstances you may want to consider.

**Jeff Woodard**, F.S.P., M.B.A., has many years of international business experience with large multinational companies and start-up/entrepreneurial firms. Known for his breadth of real-world knowledge and pragmatic—yet relaxed—outlook, his goal is to take a comprehensive, well-rounded approach to finance that is simple to understand and effective.

## **Getting Organized: Developing Financial Tools to Keep You Informed**

3 Thursdays, February 21; March 7 and 21

4:30 p.m. to 6:00 p.m.

Cheezem Education Center

Tuition: \$29

Still creating your family budget with pencil and paper? Intimidated by the number of online tools available to track your investments? Ready to go digital with your financial planning and up your game with Microsoft Excel? Participants in this course will become familiar with three Microsoft Excel spreadsheets developed by the instructor. We will explore all the options available in these tools, practice data entry and reporting, and have copious time for questions. Students should bring to class a laptop equipped with Microsoft Excel and be somewhat familiar with spreadsheets. Here's your chance to create a set of useful and simple-to-use financial tools, to keep you better informed.

**Danny Markus** has a B.S. and M.B.A. from The Indiana University Kelley School of Business. He has over 30 years' experience developing comprehensive and easy-to-use financial tools (budgeting, investment tracking, and loan amortization) for nonprofit organizations, public institutions and personal use.

## **Today's Reverse Mortgages**

Tuesday, March 5, 10:00 a.m. to 11:30 a.m.

Walhalla Depot

Tuition: \$19

Today's reverse mortgages, or home equity conversion mortgages (HECMs), now revamped and regulated, are now considered a safe and beneficial way for adults aged 62 and older to utilize the equity in their homes. But how do they actually work? Homeowners today are using these tools for a variety of reasons, from paying off a traditional mortgage loan to eliminating the monthly payment to paying for long term care insurance to purchasing a new home that better suits their needs.

**Julie Melser** has been a licensed mortgage loan originator for over 11 years and made the decision in 2017 to focus solely on Reverse Mortgages. Julie has lived in Greenville since 2000 and is licensed in North Carolina, South Carolina and Georgia.

## **New! Shining YOUR Light: DISCover Your Unique Behavior Type and Relate Better with Others**

Wednesday, March 6, 11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$19

DISC theory, researched by Dr. William Moulton Marston at Harvard University, is a method of identifying predictable actions and personality traits within human behavior. Marston narrowed these predictable personality traits into four DISC personality types: dominant, influence, steadiness, compliant. In this interactive workshop, students will take an informal assessment to discover more about their own behavior, based upon the DISC system. Then, we will discuss the joys and challenges of each type, strategies for interacting with those different from us, and how we can use our unique personality and behavior to enhance our relationships.

OLLI Member **Beth Beutler**, founder of HOPE Unlimited, is TTI Certified in the DISC Behavioral Assessment. She holds a B.A. in English from the University of Saint Joseph, has published several books and helps overwhelmed professionals excel and exhale.

## **Estate Planning Essentials: Developing Your Estate Plan to Maximum Benefit**

2 Tuesdays, March 12 and 19, 1:00 p.m. to 2:30 p.m.

Walhalla Depot

Tuition: \$29

Learn about the various types of estate planning techniques that can be used to avoid probate, provide acceptable long-term care options, and avoid Medicaid Estate Recovery proceedings against your estate. Topics include: how and when to plan for Medicaid, implications of Veteran's Affairs pensions, and options in long-term care insurance. Explore subjects such as



voluntary guardianship, Medicare, Medigap and Medicare Advantage plans.

**Carol Anne Johnson** is an elder law and estate planning attorney with a major focus on special needs planning, Medicare/Medicaid and long-term care planning for the elderly and disabled. She practices in both South Carolina and Florida, and is a frequent lecturer, educating other attorneys about estate planning and special needs trusts on behalf of the S.C. Bar Association.

### **New! Five Wishes: Take Charge of Your Healthcare Decisions**

Wednesday, March 20, 11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$19

*Five Wishes* is an easy-to-use advance directive document written in everyday language – it helps adults, regardless of health or age, to consider and document how they want to be cared for at the end of life. In this course we'll review the different questions that you or your family may be asked in a critical time so that you can be prepared in case of emergencies. Don't wait until a crisis to make these decisions - be prepared for yourself and your loved ones! Participants will receive *Five Wishes* booklets, and a notary will be present to notarize free-of-charge for anyone who would like to complete the booklet that day.

**Johanna Rice**, Community Relations Liaison, has 8 years of experience serving the senior industry and comes well versed in education about knowing your rights and how to assist seniors when it comes to taking charge of their healthcare.

### **New! How to Eat Well in 2019: Healthy Aging, Healthy Earth**

2 Thursdays, March 21 and 28, 11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$29

We are what we eat – which is especially true as we grow older and want to maintain our quality of life. Cramming maximum nutrients into each bite can help manage illness, reduce risk, and maximize our health potential. Learn about quick, healthy snacks and meals that are borderline gourmet, yet easy to fix and great fun to eat. Discuss how healthier eating also protects our Earth and our future food supply. Some hands-on, mouth-on activities will be included.

**Ellie Taylor, M.S.**, is a retired nurse, environmental activist and local food fan who spent most of her career in wellness and preventive medicine serving as director of a hospital-based Wellness Center. Her experience includes serving as a certified diabetes educator and directing a

variety of programs, including weight management and cardiac rehabilitation. She is co-author of the award-winning book for parents, *Feeding The Kids: The Flexible, No-Battles, Healthy Eating System for the Whole Family* and the related curriculum for nutrition educators, *Feeding the Kids Workshops: Raising Happy, Healthy Eaters*.

## **History, Politics, and Government**

### **New! Has the USA Gone Haywire?**

8 Wednesdays, January 23 to March 13

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$62

This class features a rousing debate of Kurt Anderson's controversial book *Fantasyland: How America went Haywire*. Anderson's study covers American history, beginning with the settlements at Jamestown and Plymouth, from a perspective that emphasizes freedom and faith. He posits that, from the beginning, America has been swayed by extreme elements and beliefs, and that our national character is partially rooted in the "false, bizarre and fanciful," thus the label "Fantasyland." This course is co-sponsored by the Foothills Sierra Club, an OLLI at CU Community Partner.

**Robert Bouwman** was a college professor in Georgia, specializing in United States history. He now lives in South Carolina and is active in the Foothills Sierra Club.

### **Images of War - Iconic Scenes of Warfare through the Ages**

Thursday, January 24, 10:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$29

Using historical paintings and modern photographs, we will examine the men, the myths and the legends of warfare from the late 18th century until today. We will see how imagery can enhance patriotism, enflame nationalism, or incite violence. More importantly, we will go deeper into the background of the imagery and discover hidden truths, historical errors or misconceptions. Think of the great historical images of military history - and see how those images come alive.

Military historian and Colonel (retired) **Lawrence Saul** served for 34 years in the U.S. Army, including tours in Germany, Holland, Belgium, England, Kosovo and other locations. He was one of the last veterans of the Vietnam War still serving on active duty when he retired in 2008. He is a Battlefield Tour Guide with expertise in many key

campaigns and battles, including D-Day, The Hurtgen Forest, Market-Garden and the Battle of the Bulge. He has a bachelor's degree in history from Georgia State University as well as two master's degrees and teaches at UGA's OLLI on occasion.

### **New! What Ever Happened to the Constitution?**

8 Thursdays, January 24 to March 14  
10:30 a.m. to 12:00 p.m.  
Cheezem Education Center  
Tuition: \$62

As our modern society continues to fracture along political and cultural fault lines, what do the words "We the People . . . In Order to Form a More Perfect Union" mean today? Are we polarized into partisan tribes because we have forgotten our national rule book? Let's talk! This course is designed to promote participation and discussion with the facilitator - and other class members. Recommended reading for this course is *The Federalist Papers for Dummies* and *The Constitution*.

**Chip Stapleton** formed a keen appreciation of moderated discussion groups during his time in state government, as the Staff Director of the New Jersey Senate and Chief of Staff to the Senate President. Finding accommodation on significant issues on a variety of topics among knowledgeable and highly placed research professionals and politicians requires frequent and consistent group style discussion sessions where only the facts, not politics or emotions, mattered.

### **New! Conservatism versus Liberalism**

Monday, January 28, 1:00 p.m. to 2:30 p.m.  
Cheezem Education Center  
Tuition: \$19

How does Donald Trump's conservatism differ from Ronald Reagan's? Does either conservatism or liberalism have a coherent set of principles, and if so, what are they? Why do most Republicans campaign as conservatives and most Democrats as liberals? Is a bell curve an appropriate metaphor to represent the distribution of Americans ideologically with conservatives on the right, liberals on the left, and most Americans in the middle? How do conservatism and liberalism differ from fascism, totalitarianism, and authoritarianism? How has Donald Trump used conservatism and liberalism to achieve his goals? In other circumstances could Donald Trump just as easily call himself a liberal as a conservative? We'll debate these and other questions in a lively afternoon.

**Chuck Dunn** served several years as a senior legislative assistant for leaders in the U.S. Senate and House of

Representatives, including two members who became Presidents of the United States. His 21 books on American politics include *American Democracy Debated*, *American Culture in Peril*, *The Scarlet Thread of Scandal*, and *The Seven Laws of Presidential Leadership*. In the Clemson University classroom, he taught "Congressional Leadership" for 25 years. And his analysis of American politics has appeared on the television news programs of NBC, CBS, ABC, and FOX as well as in the New York Times and other major newspapers. He also served a record four terms as Chairman of the United States J. William Fulbright Foreign Scholarship Board under presidents Ronald Reagan, George H.W. Bush, and Bill Clinton.

### **The Panama Canal: Amazing History, Interesting Engineering**

Thursday, January 31, 11:00 a.m. to 12:30 p.m.  
Westminster Depot  
Tuition: \$19

The story of the Panama Canal has it all: a unique cast of characters, the costly railroad, the tragedy of the French disaster, lethal diseases, sleazy politics, the U.S. carrying a "Big Stick," the American triumph, a promising future, and above all, fascinating engineering. Here we learn the *whole* story, amply illustrated with many pictures and photographs.

**Myles Standish**, Ph.D. in astronomy from Yale, spent most of his career at Caltech's Jet Propulsion Laboratory, providing accurate planetary positions to the spacecraft navigation team as well as to the world's major almanac offices. He has spoken at professional meetings, astronomy departments, civic groups, and was a guest lecturer on the Queen Mary II. Asteroid "3420 Standish" was named in his honor.

### **An American Way of War - Part 1**

4 Tuesdays, February 5 to 26  
9:00 a.m. to 10:30 a.m.  
Cheezem Education Center  
Tuition: \$45

From the colonial war of independence to ongoing operations in Iraq, Syria and Afghanistan, U.S. military forces developed a unique mode of warfare. Here we begin a review of this history with an emphasis on the operational level of war, where campaigns and major operations are planned, conducted and assessed, with lesser regard to individual battles or engagements. Through the seminar environment, experience life in an operational command center and how conditions of uncertainty and chance affect plans and operations. Along the way, meet some of the famous, infamous and



often forgotten military strategists who have won this nation's wars. Recommended reading for this course is *From Lexington to Baghdad and Beyond* by Donald Snow and Dennis Drew, *The American Way of War* by Russell Weigley, and *Makers of Modern Strategy* by Peter Paret and Gordon A. Craig.

Colonel **Maris McCrabb**, U.S.A.F. (retired) taught military strategy and operational art at the School of Advanced Airpower Studies at Air University. He published numerous articles on the subject. He planned and conducted the air campaign in Northern Iraq during the 1991 Persian Gulf War for which he was awarded the Bronze Star medal.

### ***New!* Discover Your Home Town: The History of Seneca, South Carolina**

Tuesday, February 5, 11:00 a.m. to 12:30 p.m.  
Walhalla Depot  
Tuition: \$19

Did you know that Seneca was named for a nearby Cherokee village called Esseneca? Or that Ram Cat Alley was supposedly named for all the cats attracted by a local meat market? From its earliest days, Seneca was known as the "City of Opportunity;" here's your opportunity to learn more about the fascinating history of the city so many OLLI Members call home. As we explore the development of the city, we will learn how the city has continued to increase its chances of opportunities into the present.

**Jennifer Moss** has served as Oconee Heritage Center Assistant Curator/Education Specialist since February 2011. An Oconee County native, she earned a bachelor's degree in history from Coastal Carolina University in 2005, and has completed master's coursework in history at Old Dominion University.

### **Twelve O'clock High - The US Army Air Force's Contribution to Victory in Europe in WWII**

Thursday, February 7, 10:00 a.m. to 1:00 p.m.  
Cheezem Education Center  
Tuition: \$29

There should be no doubt as to the significant contribution the US Army Air Corps made to victory in World War II. In every theater, in every environment, the brave men and women of the air service risked their lives daily to bring about the end of two vicious dictators and their war mongering. The vast majority of aircrew never flew in an aircraft until after they began flight training. In 1940, 50,000 men composed the Air Corps; by VJ Day, there were over 2.5 million airmen and 80,000 aircraft.

Here we will look at those brave young men and their flying machines; "off we go, into the wild, blue yonder."

Military historian and Colonel (retired) **Lawrence Saul** served for 34 years in the U.S. Army, including tours in Germany, Holland, Belgium, England, Kosovo and other locations. He was one of the last veterans of the Vietnam War still serving on active duty when he retired in 2008. He is a Battlefield Tour Guide with expertise in many key campaigns and battles, including D-Day, The Hurtgen Forest, Market-Garden and the Battle of the Bulge. He has a bachelor's degree in history from Georgia State University as well as two master's degrees and teaches at UGA's OLLI on occasion.

### **D-Day through the Eyes of Curtis C. Norbeck**

Tuesday, February 12, 11:00 a.m. to 12:30 p.m.  
Cheezem Education Center  
Tuition: \$19

The term "D-Day" is a military designation for the day on which a combat operation will be initiated; the most well-known use of "D-Day" refers to that of the Normandy landings, June 6, 1944. More than 150,000 men in the Allied forces landed on the French coast, including Curtis C. Norbeck, the instructor's father. He landed at Omaha Beach on D-day minus 30 minutes as a naval gun liaison officer. Participants will look at his top-secret maps and his reports from that pivotal event; examine this singular historic event through the eyes of one who experienced it.

**Nan Jones** has a bachelor's degree from Wake Forest College and a Master of Education and History from UNC-Charlotte. She served three years on the National Council for the Social Studies and was an officer at the state level for six years. She has taught genealogy classes through OLLI, Clemson African-American Art Museum, Artist Loft, Tamasee DAR School, and Oconee Heritage Center.

### ***New!* Your Government in Action: Visit Columbia and Offices of the South Carolina State Government**

Tuesday, February 21 - Register by February 12  
Departs Cheezem Education Center at 8:00 a.m. and returns at approximately 7:00 p.m.; total travel time ~4.75 hours  
Tuition: \$64; includes transportation and 3 guided tours

Explore three important institutions of your state government on a visit to our state capitol, Columbia, South Carolina. Tour the South Carolina State House

– a building begun in 1851 and plagued with a troubled past including fraud, poor workmanship, and war. In 1865, as General W.T. Sherman’s U.S. Army entered Columbia, construction was suspended. Still today you can see where artillery shells damaged the then –new capitol building. An extensive renovation in the mid-1990’s improved both functional and cosmetic features of the State House, but the original floors are still in pristine condition. Get a look inside the South Carolina Supreme Court and Law Library, and meet some of our current and future state leaders as you explore the legal hub and learn more about the “Soda City.”

## Endurance: The Incredible Voyage of Ernest Shackleton

Tuesday, February 19, 1:00 p.m. to 2:30 p.m.  
Walhalla Depot  
Tuition: \$19

Hear one of the most incredible (and true!) stories of all time. The British ship *Endurance* sank in the Weddell Sea off the coast of Antarctica, leaving 28 men alone on the ice with three small lifeboats. From the amazing tale of how they all got back safely to civilization, one will understand the following quote: “For scientific discovery give me Scott; for speed and efficiency of travel, give me Amundsen; but when disaster strikes, and all hope is gone, get down on your knees and pray for Shackleton.”

**Myles Standish**, Ph.D. in astronomy from Yale, spent most of his career at Caltech’s Jet Propulsion Laboratory, providing accurate planetary positions to the spacecraft navigation team as well as to the world’s major almanac offices. He has spoken at professional meetings, astronomy departments, civic groups, and was a guest lecturer on the Queen Mary II. Asteroid “3420 Standish” was named in his honor.

## New! A Plausible Man: the Life of Author, Activist, and Fugitive Slave, John Andrew Jackson

Monday, March 4, 3:00 p.m. to 4:30 p.m.  
Cheezem Education Center  
Tuition: \$19

What memories do we construct about South Carolina history and how do new voices change those constructed histories? In 1848, when Jackson escaped from his Sumter, S.C. plantation labor camp and made his way North, he was seeking a life of liberty. He didn’t expect to end up in Canada much less spend a decade in the British Isles. He couldn’t have known that he would

find friends and enemies in some of the highest literary circles in the U.S. and the loftiest pulpits in the U.K. He learned to read and write; he authored a memoir which, while little known today, is a remarkable account of his life while enslaved. The story of Jackson is incomplete, however without understanding why and how he returned to South Carolina after the Civil War to work for the next 40 years to build up the lives of the freemen he had left behind.

**Dr. Susanna Ashton** is Chair of the Department of English at Clemson University. She is working on the biography of a fugitive author and activist, titled *A Plausible Man: the life of John Andrew Jackson* - research for which has been profiled on CNN, The New York Times, MSNBC and over 250 other global media outlets.

## New! Band of Brothers

5 Tuesdays, March 5 to April 2, 10:00 a.m. to 1:30 p.m.  
Cheezem Education Center  
Tuition: \$62

Take an intensive look at the Allied Invasion of Normandy (June 6, 1944), the campaign to liberate France, and the destruction of the German military. This course will focus on the epic airborne operation, the landings at Omaha and Utah Beaches, and the Battle of the Hedgerows. Light preparatory reading and role-playing will enhance the learning process; reading about World War II and/or D-Day is suggested. Some titles include *The Longest Day* by Cornelius Ryan, *D-Day* by Stephen Ambrose, *D-Day* by Anthony Beevor, *The Bedford Boys* by Alex Kershaw, *Battlezone Normandy Series* on D-Day, *The Dead and Those about to Die* by John C. McManus. Course sessions include an on-your-own lunch break!

*This program sets the stage for the April 23-May 2, 2019 OLLI Excursion to Saint Lo and Paris; see “Travel Programs” at [www.olliatclemson.org](http://www.olliatclemson.org) for the complete itinerary.*

Military historian and Colonel (retired) **Lawrence Saul** served for 34 years in the U.S. Army, including tours in Germany, Holland, Belgium, England, Kosovo and other locations. He was one of the last veterans of the Vietnam War still serving on active duty when he retired in 2008. He is a Battlefield Tour Guide with expertise in many key campaigns and battles, including D-Day, The Hurtgen Forest, Market-Garden and the Battle of the Bulge. He has a BA in History from Georgia State University as well as two masters degrees and teaches at University of Georgia’s OLLI on occasion.



## Danny Boy Revisited: More Dark Chapters in Irish History

Wednesday, March 13, 11:00 a.m. to 2:30 p.m.  
Cheezem Education Center  
Tuition: \$29

As we did this past November, we'll again plumb different "dark chapters" in Éire's history. We'll plumb a cruel history of colonial and religious oppression, and failures of long-sought independence. We'll plunge into a maelstrom of English invasions, endless rebellion, storm-lashed armadas, transportation into slavery, devastating famines, bloody nationhood, fallen women, the troubles, and the siege of Jadotville. Round-the-room topics will include a housing and homelessness crisis, health care, Brexit, vulnerable water supplies, perhaps more. Come share the fruits of your travels and reading ... and let the craic begin! Lively brains, bipartisan goodwill, curiosity, opinions, any knowledge/experience/opinion on Ireland required. You need not have attended the fall course to enjoy this one.

When dinosaurs still roamed the Earth, **James E. Mahone**, MBA, CPA made a career in financial and administrative management in the private and public sectors. He then retired and devolved to Jimmy, an Irish-Sicilian-Virginian-American bookaholic with insatiable appetite for self-education. Having driven all 'round Ireland for seven weeks in 2010 and 2018, he brings greetings from his sept's Thomond hearths.

## Home and Garden

### New! How to Become a Bluebird Landlord

Tuesday, February 12, 10:00 a.m. to 11:30 a.m.  
Walhalla Depot  
Tuition: \$19

Learn everything bluebird ~ precisely what they are, how they're unique, their colors, their songs and their love lives. Also, learn how humans have helped to bring the bluebird population back from the brink of extinction. Topics include creating a bluebird haven for nesting, hatching, and raising new generations as well as the fundamentals of food, and shelter and protection from predators. Knowing what the "blues" specifically want means you'll soon host your own Bluebird B&B. Finally, we'll discuss how humans have caused overall population decline, and how we can help.

Entrepreneur and enthusiast **Terry Allen** has helped 78 of his customers foster over 400 baby bluebirds. He invented the BirdSong IDentiFlyer and runs For The Birds, a family shop in Salem near beautiful Lake

Keowee. FTB offers high quality food and all manner of accoutrements for wild bird enthusiasts.

### New! Camellias in the Home Landscape

Wednesday, February 13, 1:00 p.m. to 3:00 p.m.  
Cheezem Education Center  
Tuition: \$19

Landscaping with camellias adds year-round color to your outdoor space. There are camellia varieties for almost any garden situation. These low maintenance evergreen small trees and shrubs come in many sizes and colors, grow readily in our area and make a great backdrop for many other garden plants. Learn how to select plants, where to plant and how to care for them. After a classroom presentation that will include photos of the lovely flowers as well as living specimens, students will drive to the South Carolina Botanical Garden's special camellia area to see their mature collection. Participants are also invited to visit the instructor's 10-acre woodland garden planted since 1990 with nearly 100 different camellias. Clemson University Urban Horticulture Extension Agent, Layla Burgess, will be present also to answer questions and help with the discussion.

A certified Master Gardener since 2006, **Myrle Diefendorf** has been growing succulents since her first cactus purchase in Woolworths in the 1940s. She is a member of Master Gardeners of the Foothills, Clemson Garden Club and Blue Ridge Orchid Society. She has a small greenhouse where she grows and propagates cacti, succulents, bromeliads and orchids.

### Compost: Making Black Gold in Your Own Backyard

Monday, March 4, 1:00 p.m. to 2:30 p.m.  
Cheezem Education Center  
Tuition: \$19

Have you ever wished you had a green thumb, yet found yourself challenged with vegetables or flowers? This class is guaranteed to improve your soil quality, increasing the chance of that green thumb potential! We will cover step-by-step methods of creating organic compost. Whether using one of several types of containers or piling things under a tarp in an out-of-the-way location, kitchen and yard scraps are the only ingredients you will need. This easy and inexpensive investment of your time can provide year-round benefits. This course is co-sponsored by Peace Church, an OLLI at CU Community Partner.

Raised in a home where Daddy grew vegetables out back, **Jody Usher** left South Carolina for a career in suburban Atlanta. Even there, putting her hands in the dirt remained a part of life. Four years that her own family

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*Notice a difference in our categories?*

We combined some topics into different categories to better reflect your interests.



lived on a small farm proved key to her learning. She drove the tractor in her coveralls, collected manure from the chickens and horses, and grew okra taller than she was.

## Elements of Landscape Design

3 Mondays, March 4 to 18; 3:00 p.m. to 5:00 p.m.

Cheezem Education Center

Tuition: \$39

Landscape design is simply the process of developing practical and pleasing outdoor living spaces, and successful designs incorporate a series of interconnected elements to achieve a specific aesthetic and functional goal. No matter if you are considering a 10'x10' front entrance, a group of container gardens, or two acres of property, the basic components remain the same. This three-session course will address such design principles as line, form, texture, color, balance, sequence and emphasis – all from a practical and applicable point of view. Short presentations will be followed by hands-on exercises in class – plan to put together a collection of favorite design lessons and ideas!

As an undergraduate student at the University of Maryland, **Julie Vidotto** thought she would be a career landscape designer ... until the day she realized that most two-dimensional plans looked fine to her. Years of trial and error have led her to a design style that is highly reflective of her collection of strange and unique specimen plants, as well as her disinterest in a high maintenance garden.

## Natural History and Outdoor Adventures

### Keowee-Toxaway Day Hike MC



OUTDOOR RECREATION  
AND EDUCATION

Saturday, February 23 - Register by February 15

Departs Cheezem Education Center at 9:00 a.m. and returns at approximately 6:00 p.m.

Tuition: \$42; includes transportation and two guides

Keowee-Toxaway State Park is located along the shores of Lake Keowee in nearby Pickens, South Carolina. Join Clemson Outdoor Recreation and Education (CORE) guides for a 4.4-mile day hike as we explore this park on Raven Rock Loop Trail. This hike features several scenic overlooks of Lake Keowee, where we will stop for lunch, as well as a small waterfall and beautiful vegetation native to this area of South Carolina. Participants are encouraged to bring their own lunch and will receive a complete itinerary before the program.

### Hikes in the Hills MC

4 Mondays, March 4, 18; April 1 and 15, 1:00 p.m. to 6:00 p.m.

Itinerary provided upon registration

Tuition: \$54

Enjoy warm afternoons and learn to identify the flora and fauna of the upstate of South Carolina while visiting locations known for early spring ephemerals and scenic vistas with many unique photo opportunities. You will experience the unique geology of the region as you view the waterfalls and rock outcrops visited on some of these hikes.

- March 4: Hike three short trails in the 9-Times area where we should see Trout Lilies and other early ephemerals. We will start with the Long Shoals Creek Trail, then the 9-Times Trillium Trail and finally a newly opened Appalachian Lumber Railroad Trail. (2-3 miles RT)
- March 18: Hike Oconee Station Falls (1.4 mile RT) and Devil's Fork State Park (1/4 mile RT) to see Trillium, Mayapple and Oconee Bells.
- April 1: Hike the Lake Issaqueena Trail (3 mile R/T) located in the Clemson University North Forest; here we expect to see a rich variety of spring ephemerals.
- April 15: Hike the Coon Branch Natural Area, along the Whitewater River (2 mile R/T).

Bring your camera, and be sure to wear sturdy walking shoes or hiking boot as well as long pants. A hiking or walking stick is also suggested. Participants should be able to walk up to five miles on uneven terrain. Some of our hikes will occur in State Parks where a small fee may be required.

In 2008, **Bill Bridwell** earned the Master Naturalist designation from South Carolina's Master Naturalist Program administered by Clemson University. Hiking along area trails, **Jean Askew**, also a Master Naturalist, always enjoys seeing what's around the next bend.

### Bridal Veil Falls Day Hike MC



OUTDOOR RECREATION  
AND EDUCATION

Saturday, March 9 - Register by March 2

Departs Cheezem Education Center at 9:00 a.m. and returns at approximately 6:00 p.m.

Tuition: \$52; includes transportation and two guides

Bridal Veil Falls, located in scenic North Carolina, is a beautiful 120-foot tall waterfall, and is surrounded by several other falls and lakes in the area. Join Clemson Outdoor Recreation and Education (CORE) guides on this hike through DuPont State Forest and explore this incredible natural area! This day hike will be around

4.5 miles roundtrip on fairly flat, wide trails, and all experience levels are welcome. We will stop for lunch at the base of the falls and explore the other areas on the way back. Participants are encouraged to bring their own lunch and will receive a complete itinerary before the program.

### **New! A Visit to Riverbanks Zoo and Botanical Garden**

Thursday, March 21 - Register by March 12  
Departs Cheezem Education Center at 8:30 a.m. and returns at approximately 6:30 p.m.; total travel time ~4.5 hours

**Tuition: \$72; includes transportation, docent-led garden tour, and lunch**

Visit South Carolina's leading destination attraction and one of America's best zoos, the Riverbanks Zoo and Garden in Columbia. Riverbanks Zoo opened its gates in 1974 and is now home to more than 2,000 animals. The beautifully inspirational Riverbanks Botanical Garden opened to the public in 1995 and houses more than 4,300 species of native and exotic plants. We'll enjoy a guided tour with a trained horticulturist in the Gardens; time to explore individually allows you the opportunity to satisfy your personal interests in both the Garden and Zoo. Lunch in the Garden is included in this exciting excursion!

**Raine Templeton-Bradley** leads this day trip to the loveliest spot in the middle of South Carolina.

### **Jocassee Gorges**

6 Wednesdays, March 20 to May 1 (No session on April 17), 9:30 a.m. to 1:30 p.m.

**Itinerary provided upon registration**

**Tuition: \$82**



Greg Lucas, S.C. Department of Natural Resources, and his cadre of experts hosts this popular series of field trips, which explores the natural and cultural diversity of Jocassee Gorges in northern Pickens and Oconee counties. Possible trip destinations include Devils Fork State Park's Oconee Bell Trail, Jocassee Gorges Visitors Center at Keowee Toxaway State Park, the Jocassee Gorges Passage of Palmetto Trail at Table Rock State Park, Laurel Fork Heritage Preserve, Coon Branch Natural Area, and the Bully Mountain plane crash monument site. Although this is more a class of discovery, and not a hiking class, participants should be able to walk up to 3 miles on uneven terrain. Discussion topics may include wildlife and forest management strategies such as hunting and prescribed burning. Companion animals are not allowed in the class for the well-being of participants and wildlife. Participants will receive a complete itinerary before the first session.

**Greg Lucas**, a native South Carolinian, has worked in conservation outreach and education with the S.C. Department of Natural Resources for 28 years, is SCDNR coordinator with the Upstate Master Naturalist Program and is a board member with the Foothills Trail Conservancy. This will be his 33rd semester with OLLI at Clemson University. Follow him on Twitter @GregLucasSCDNR.

### **Short and Sweet Waterfall Hike to Station Cove**

Thursday, March 28, 10:00 a.m. to 3:00 p.m.

**Itinerary provided upon registration**

**Tuition: \$28**

Enjoy a leisurely, easy half-mile hike through a gorgeous Appalachian cove forest to Station Cove Falls, a stepped, 60-foot waterfall. Countless wildflowers bloom along the trail, and no matter what time of year you will almost always see something in bloom. We'll take our time observing and identifying wildflowers along the trail. Hikers should bring water and lunch to enjoy out in the woods.

**Susan Creamer**, an avid gardener, photographer, and naturalist, spent 30 years in the elementary school classroom. Her favorite years of her career were spent in a hands-on science lab. She was employed with Roper Mountain Science Center from 2002-2011. Now she enjoys working with OLLI, hiking, gardening, photography and life on Lake Hartwell.

### **Short and Sweet Waterfall Hike to DuPont Forest: High Falls, Triple Falls and Hooker Falls**

Tuesday, April 9, 9:00 a.m. to 3:30 p.m.

**Itinerary provided upon registration**

**Tuition: \$28**

Discover one of the most beautiful waterfall areas in the region, where three waterfalls are located within a mile. This hike moves downhill, with participants stopping often to identify and photograph wildflowers. A shuttle returns us to our vehicles. The DuPont Forest area is located on the other side of Caesars Head, but well worth the drive; on the trip we will make several stops to view scenic overviews such as Bald Rock and Pretty Place chapel.

**Susan Creamer**, an avid gardener, photographer, and naturalist, spent 30 years in the elementary school classroom. Her favorite years of her career were spent in a hands-on science lab. She was employed with Roper Mountain Science Center from 2002-2011. Now she enjoys working with OLLI, hiking, gardening, photography and life on Lake Hartwell.



## Flatwater Paddling on Lake Jocassee A



**OUTDOOR RECREATION  
AND EDUCATION**

**Sunday, April 14 - Register by April 5**

**Departs Cheezem Education Center at 9:00 a.m. and returns at approximately 6:00 p.m.**

**Tuition: \$59; includes transportation, canoes, kayaks and floatation devices, and two leaders**

Experience life on the lake from a new perspective – Clemson Outdoor Recreation and Education (CORE) guides, lead a day of relaxing flatwater paddling on beautiful Lake Jocassee! This nearby reservoir, surrounded by forests, is known for its clear waters and stunning waterfalls, and it is a prime area for paddling in the Upstate. After a training session and safety orientation, we will spend the day exploring this natural area, paddling in canoes and flatwater kayaks and stopping at points of interest. No prior experience is necessary, and all levels of skill are welcome! Participants are encouraged to bring their own lunch and will receive a complete itinerary before the program.

## Short and Sweet Waterfall Hike to Sassafras Mountain Overlook and Twin Falls E

**Thursday, April 18, 9:30 a.m. to 3:00 p.m.**

**Itinerary provided upon registration**

**Tuition: \$28**

The highest point in South Carolina, Sassafras Mountain is undergoing a much-needed site renovation. Hikers will travel to the overlook area and future site of the new viewing tower. From there, we will travel to Twin Falls. Although it is only a short walk through an oak-hickory forest, the 75' waterfall over a massive slab of granite is magnificent. Foliage provides a gorgeous contrast to the flowing whitewater. Plan to bring water and a snack or picnic lunch. This less strenuous hike is geared for individuals who love the out-of-doors and want to enjoy hiking with others, identifying wildflowers, and taking pictures while traveling less than a mile.

**Susan Creamer**, an avid gardener, photographer, and naturalist, spent 30 years in the elementary school classroom. Her favorite years of her career were spent in a hands-on science lab. She was employed with Roper Mountain Science Center from 2002-2011. Now she enjoys working with OLLI, hiking, gardening, photography and life on Lake Hartwell.

### *Things to consider*

#### **when participating in an Outdoor Adventure:**

- Always bring plenty of water as well as a snack or lunch
- Wear sturdy and comfortable walking shoes; consider using a walking or hiking stick if appropriate
- Wear protection, such as long-sleeved shirts and pants, from insects, poisonous plants, etc.
- Wear sunscreen and bring a hat; consider dressing in layers as weather conditions may change
- Bring a camera - you may get a once-in-a-lifetime peek at a flower, animal, or view
- Consider your physical comfort and ability when choosing a program - don't overdo it!





# Practical Arts and Hobbies

## **New! Knitting Basics**

Tuesday, January 29, 11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$19

We will cover how to cast on and how to do the knit stitch so you can get started on your first project, either a scarf or cowl. Bring yarn and knitting needles to this hands-on class. Choose a smooth yarn so you will be able to see the stitches. The yarn label will tell you the recommended knitting needle size for your yarn. Many beginners find circular knitting needles (with at least a 14-inch cable) easier to use than straight needles. Size 10 needles are called for in many patterns.

**Margaret Dacko** began learning and enjoying needlework at age six when her grandmother taught her to crochet and to embroider. She has been knitting for 20 years and finds it meditative. Margaret loves being a member of the OLLI Needles and Threads Special Interest Group, which meets every Wednesday afternoon from 1:30 p.m. to 3:00 p.m. at the Cheezem Education Center.

## **Beginning Mah Jongg**

3 Tuesdays, February 5 to 19, 11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$29

Mah Jongg – not the type we play on our laptops – is a tile-based game that originated in China during the Qing dynasty. Games scholar David Partlett has written that it shares common origins with such Western card games as Rummy, based on “draw and discard” practice. Join this hands-on course to learn the basics, understand the phrases “crack, bams and dots” and what is meant by dragons, winds and flowers. Whether you played in the past or are a true beginner, this course will help you master the finer points and experience what players say about “the love of the game!” Students are encouraged to join the OLLI Mah Jongg Special Interest Group to continue building their skills.

**Janice Dieter, Joan Servis, and Sue Sprott** are the OLLI Mah Jongg teaching team. Together they have a combined 2,000 hours of playing.

## **Marbling Paper**

Tuesday, February 5, 11:00 a.m. to 2:00 p.m.

Cheezem Education Center

Tuition: \$32

Paper marbling is a method of aqueous surface design that creates patterns like smooth marble or other kinds of stone. The patterns are the result of color floated on either plain water or a viscous solution known as size, and then carefully transferred to an absorbent surface, such as paper or fabric. Through several centuries, people have used marbled papers as a writing surface for calligraphy as well as book covers and endpapers in bookbinding. In this hands-on class, learn two techniques for marbling paper, and create enough marbled paper for a collection of greeting cards, or for matting for photographs. Take home a kit to continue this age-old technique for beautifying paper!

**Kathy Carroll** and **Sylvia Titus** are dabblers in the arts, Kathy with thirty years’ experience working with and teaching stained glass and Sylvia six years. Both like trying new techniques and, after having instruction in marbling, decided to host this marbling class as an easy, enjoyable way to decorate notecards and other papers.

## **Beginner Stained Glass**

6 Weekdays, February 14, 15, 18, 19, 21, 22

1:00 p.m. to 4:30 p.m.

Kathy Carroll’s Studio, Seneca

Tuition: \$65

The earliest forms of glassmaking occurred nearly 3,000 years ago, and colored window glass dates back 1,350 years – yet our fascination with the art form continues. Discover the secrets of creating your own masterpiece from glass; learn stained glass terminology and the history of the art. Through hands-on practice participants will become familiar with modern tools, equipment, and techniques as each fabricates a unique 9” x 18” stained glass panel.

Favorite OLLI instructor **Kathy Carroll** has been involved with glass for 30 years. She has taken workshops and attended conferences in various locations throughout the United States, and has worked with cold glass, slumped and fused glass, and blown glass. She has taught stained glass classes as well as created commissioned work.

## **New! Photographing Water**

Thursday, February 28, 11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$19

70% of the Earth’s surface is covered by water and it becomes the focal point, foreground, or background in many of our photographs. Explore techniques for photographing water—still water, moving water, falling water, frozen water, raindrops, dewdrops, and mists. Bring your cameras and test the interactions of shutter

speed, aperture settings, and ISO settings. This course is co-sponsored by the Clemson Photo Club, an OLLI at CU Community Partner.

**Barbara Hoskins** and **Bob Kosinski** enjoy expressing their love of the outdoors, nature, and people through photography. Many of those experiences involve water. As they have experimented through the years with various camera systems, they have discovered that technique is more important than equipment.

## Intermediate Stained Glass

7 Weekdays, March 5, 7, 8, 11, 12, 14, 15

1:00 p.m. to 4:30 p.m.

Kathy Carroll's Studio, Seneca

Tuition: \$65

Developing a design for a stained glass panel requires two important components: an artistically pleasing idea and the knowledge to transfer that idea into a workable template. Participants will explore basic design elements, and then utilize stained glass to incorporate these elements into an original design. Students will then fabricate their design, using lead came, zinc came, and solder to interlock glass pieces and frame the completed 24" x 24" panel. Registrants must have taken the "Beginner Stained Glass" OLLI course or have experience in copper foil or lead came stained glass procedures. Each person should bring a 24" by 24" work board that has a raised right angle on only two sides. All other materials will be provided.

Favorite OLLI instructor **Kathy Carroll** has been involved with glass for 30 years. She has taken workshops and attended conferences in various locations throughout the United States, and has worked with cold glass, slumped and fused glass, and blown glass. She has taught stained glass classes as well as created commissioned work.

## New! Smashing that Genealogy Brick Wall using University Resources



Tuesday, March 12, departs the Cheezem Education Center at 9:30 a.m. and returns at approximately 1:00 p.m.

Tuition: \$19

After a ride on the CATBus, we'll visit Clemson University's Cooper Library computer lab with its numerous resources and free access to Ancestry.com. After a brief introduction and instructions, you'll have time on your own to explore the sites using your own family data. Several assistants will be available to aid you

in your search; if you are at a dead end in your genealogy studies, here's how to break into the next level of information.

**Nan Jones** has a B.A. from Wake Forest College and a Master of Education and History from UNC-Charlotte. She served three years on the National Council for the Social Studies and was an officer at the state level for six years. She has taught genealogy classes through OLLI, Clemson African-American Art Museum, Artist Loft, Tamasee DAR School, and Oconee Heritage Center.

## Psychology, Philosophy, and Religion

### The Philosopher's Toolkit

8 Thursdays, January 24 to March 14

1:30 p.m. to 3:00 p.m.

Cheezem Education Center

Tuition: \$62

Subtitled "How to Be the Most Rational Person in Any Room," this course offers help in being more logical, inventive, realistic, and rational in all aspects of daily life. How can you avoid common mistakes in thinking, protect against deception—by yourself and others—think more efficiently, use counter-examples as well as thought models and visualizations? Learn from thinkers throughout history, from Plato and Aristotle to Einstein. Half-hour video lessons are followed by hour-long discussions. Each is a stand-alone segment, so missing one or two will not cause loss of continuity. A fuller description and lesson titles are available at [www.thegreatcourses.com](http://www.thegreatcourses.com) in the Philosophy and Intellectual History section.

Tenured OLLI Instructor **Larry McCollough** received his Ph.D. in philosophy from Emory University. He taught for two years at Willamette University in Salem, Oregon, then five years at Wake Forest University and 30 years at Clemson University before retiring in 1998. He received OLLI's volunteer recognition award, the Fuller-McGuire Presidential Award, in April 2018.

## New! Panorama of the Hebrew Bible/Old Testament

3 Mondays and 3 Wednesdays, February 4, 6, 11, 13, 18, and 20, 9:00 a.m. to 10:30 a.m.

Cheezem Education Center

Tuition: \$54

Here we will study the history, poetry, and prophecy of the Hebrew Bible/Old Testament, taking a chronological view of the importance of persons, places, and events. Students will explore the historical and literary

backgrounds and basic content of all the known books; elucidate how the texts are similar and dissimilar to counterpart ancient near Eastern cultures and sacred scriptures; and explain how much of the culture and spiritual heritage of the Western world is based on the Hebrew Bible/Old Testament.

**Josh Spoelstra**, Ph.D. is the Lead Teaching Pastor at Downtown Community Fellowship and Adjunct Faculty of Religion at Southern Wesleyan University. He has been a lead pastor for a combined 11 years in Idaho and South Carolina. He is currently teaching Old Testament Survey at Southern Wesleyan University.

### ***New!* How Hymnals Reflect Theological, Cultural and Political Changes**

**Monday, February 11, 1:00 p.m. to 2:30 p.m.**  
**Cheezem Education Center**  
**Tuition: \$19**

Discover a brief history of hymns, including Psalms, Gregorian chants and shape-note singing. Hymns can affect our theology and our denomination's theology. Through the ages hymns have been used as a political tool as well as an indicator of social and environmental changes. Learn the significance of the numbers on the bottom of each page in your hymnal, tune names, text and why that matters! Participants are invited to bring a hymnal; limited hymnals will be provided as a reference. This course is co-sponsored by the League of Women Voters of the Clemson Area, a Clemson-OLLI Community Partner.

**Ann Fuhr** received a degree in Music from Western Illinois University. She was a full-time minister of music in Dallas, Texas, a diaconal minister in the United Methodist Church and was a lecturer at Perkins School of Theology in Worship and Music. Ann also received a master's degree in counseling from Clemson University.

### ***New!* A Sociological Look at the Cultural Changes of Late 1940s-1960s**

**Thursday, February 14, 11:00 a.m. to 1:00 p.m.**  
**Cheezem Education Center**  
**Tuition: \$19**

What ever happened to "Dick & Jane" and their dog "Spot"? We baby boomers all remember our elementary school readers, but have you ever thought about the impact they had on our expectations, values, ethics, morals and roles? This class will look at four distinct areas of sociological change in our culture – with ample time to share your perspective and ideas.

This class will emphasize discussion so bring your family photos and share a story with everyone about how these changes have affected you.

**Mary Cumming**, Ed.D. has 37 years of experience as a Marriage and Family Therapist and Instructor and loves to hear everyone's ideas!

### ***New!* We Can Die Better**

**Wednesday, February 20, 1:00 p.m. to 2:30 p.m.**  
**Cheezem Education Center**  
**Tuition: \$19**

The miracle of modern medicine has enabled us to live longer, though not necessarily better, lives. In a death-phobic, grief illiterate society where youth is lionized and aging is seen as something to rail against, how can we approach death in a way that will leave us and our loved ones at peace rather than feeling defeated? In other words, how can we die better? In this thought-provoking talk, we will explore current medical and cultural practices as well as what comprises a "good death" and ways we can "die better."

**Leigh Berman** is an interfaith minister and end-of-life doula, providing spiritual and emotional support for the second half of life. She works with individuals, families and groups on their meaning-making, healing journeys related to death and dying, bereavement and loss of dream. She is passionate about helping others explore new ways to approach the continuum of life.





## Science and Technology

### **New! What Your Lab Tests Really (REALLY) Mean**

2 Mondays, February 4 and 11, 9:00 a.m. to 10:30 a.m.  
Cheezem Education Center

Tuition: \$29

So, four tubes of blood later . . . and you've had your "wellness checkup." But what are their predictive and preventive, as well as diagnostic, values? We'll talk about everything from PSAs to BRCA's to basic body chemistries and blood counts . . . and even throw in some urine results. And we'll discuss what to ask when your doctor recommends an x-ray or scan. We start by using a "simple" patient wellness letter that you may have received after your testing.

**John D. Hunter, M.D., F.A.C.P.**, has spent more than 30 years in cancer practice and clinical trials, including several years at Pharmaceutical Product Development, a major research company. He has worked with the F.D.A. and remains a Consulting Associate in Hematology and Oncology for the Duke University Medical Center. John is currently an Adjunct Professor for the Clemson School of Nursing.

### **New! Industry in the Upstate: BMW Plant Expands and Reopens**

Session A: Thursday, February 7 - Register by January 29  
Session B: Tuesday, March 19 - Register by March 8  
Departs Cheezem Education Center at 8:30 a.m. and returns at approx. 1:30 p.m.; total travel time ~2 hours  
Tuition: \$57; includes transportation, museum entrance and guided 2-hour production and assembly tour

BMW manufacturing in Spartanburg, S.C. currently produces more than 1,400 vehicles each day and is the global producer of several models and their variants. The approximately 7 million square foot plant recently underwent an expansion to enhance production and efficiency and has reopened for public manufacturing tours. We'll enjoy a 2-hour guided tour, including a look into the body shop and assembly areas, as well as traveling back in time inside the Zentrum museum, paying attention to automotive advancements dating back to the early twentieth century.

OLLI Volunteer Excursion Leaders head up this behind-the-scenes opportunity.

### **New! Quantum Theory for Barstool Physicists and Starbucks Philosophers**

3 Thursdays, February 7 to 21, 11:00 a.m. to 12:30 p.m.  
Cheezem Education Center  
Tuition: \$39

Quantum theory lies near the far edge of "way-out" concepts, perhaps beyond even the theory of relativity. We hear of a cat that might be both dead and alive, of parallel realities, multiple universes and more. It has been quipped that "the quantum world just doesn't work like the world around us." Well, that's not quite true because quantum theory is wildly successful when predicting things about the world around us. Consequently, it is one of the most transformative concepts of twentieth century, and inquiring minds (OLLI folks!) ought to try to get it. This course will follow the theory's emergence from a few initial observations, most of them less puzzling than the basics of relativity, to some of its more slippery notions. In the mold of a companion OLLI course on relativity, this course will likewise follow a path that is safe for barstool physicists and Starbucks philosophers who have only dim memories of junior high algebra.

**Cecil Huey** is Professor Emeritus of Mechanical Engineering at Clemson University and a dabbler in the history of science and technology.

### **New! Let's Talk about GMOs**

Tuesday, February 26, 9:00 a.m. to 10:30 a.m.  
Cheezem Education Center  
Tuition: \$19

It is time to talk about GMOs! We will discuss modern farming of major crops with agronomic improvements currently used today. In addition, we will look at the current feel-good safety features in place for farm chemicals and pesticides requirements in South Carolina. Recommending reading for this course is *Seeds of Science* by Mark Lynas, which lifts the lid on the controversial story and misunderstood science of GMOs.

**William Brown** received his B.S. in Agronomy from Clemson University. He worked for ten years in the soil lab as well as marketing department for U.S. Steel Ag Chem Division in the Midwest. Bill spent 26 years in marketing for Bayer Crop Science, a division of Bayer. He is a Certified Crop Advisor and agronomic consultant.

### **A Day in ATL: Explore and Discover the Wonders of the Georgia Aquarium**

Wednesday, February 27 - Register by February 15  
Departs Cheezem Education Center at 9:00 a.m. and returns at approximately 7:00 p.m.; total travel time ~5 hours

**Tuition: \$109; includes transportation, entrance into the aquarium, docent-guided behind-the-scenes tour, and lunch**

Go “Behind the Seas” as OLLI reprises a member-favorite at the largest aquarium in the Western Hemisphere with 10 million gallons of fresh and marine water and tens of thousands of animals. Enjoy a guided tour of this state-of-the-art facility to discover current conservation efforts, hear about ongoing biological research, and see what it requires to care for this unique collection. Experience up-close majestic sea lions at the ‘Under the Boardwalk’ show and watch the incredibly talented bottlenose dolphins at the ‘Dolphin Celebration.’ Ample free time allows you the chance to explore the numerous exhibits and even pet sharks, stingrays, and starfish!

### ***New!* Internet Safety: Are you Doing Everything to Keep Yourself Safe?**

Thursday, February 28, 11:00 a.m. to 2:30 p.m.

Cheezem Education Center

**Tuition: \$29**

We truly want to believe that the Internet is a safe place where you can’t fall for all types of online scams, but it’s always a good reminder to do a “reality check.” Learn the signs that you may have a virus or that someone is trying to get your information. We will discuss how to create strong passwords, two-step authentication and security software. Learn about optimum security features within your internet browser, firewalls and the importance of logging out of websites. Finally, we delve into email scams - how to identify dangerous links and safe ways to share on social media. Bring your internet security questions!

**David Sutherland** has been working with computers for almost 20 years, starting in middle school. He worked in the world of photography for 10 years, then began repairing and selling computers. He now owns his own computer business, Heathmere Computer Services, with a focus on in-home repair.

### **Clemson University: A “High Seminary” of Agricultural Education**

Tuesday, March 5 - Register by February 26

Departs Cheezem Education Center at 1:00 p.m. and returns at approximately 5:15 p.m.; total travel time ~45 minutes

**Tuition: \$42, includes transportation and two tours**

As the archetype for Thomas Green Clemson’s vision of a “high seminary” of learning to benefit South Carolina’s people, land, wildlife, natural resources, and economy, the College of Agriculture, Forestry, and Life Sciences provides students with the knowledge and experience to be good stewards of our state’s heritage and its

future. The LaMaster Dairy Farm and Starkey Swine Center are just two of the many farms maintained by Clemson University students, faculty, and staff that teach the principles and skills of farming in Upstate South Carolina. Visit the Starkey Swine Center (in prime piglet season) to learn more about raising swine for different purposes and to see the daily tasks Clemson students do to maintain the farm. As well, we visit the LaMaster Dairy Farm to meet some of the dairy cows and their calves, and to see the brand-new mechanized milking machines.

**Raine Templeton-Bradley**, recent Clemson University graduate and OLLI’s excursion coordinator, once again leads OLLI Members to often-overlooked yet always interesting University facilities.

### **Anatomy of a House**

Monday, March 11, 9:00 a.m. to 10:30 a.m.

Cheezem Education Center

**Tuition: \$19**

Gain a basic yet vital understanding of the major parts of a house! Topics include basic structure, plumbing, electrical systems, heating and air conditioning and basic maintenance. We’ll also identify specific components in a home that owners should be aware of, such as shut off valves and circuit breakers. We’ll review basic home maintenance needs and schedules as well as give examples of how to perform these tasks in a safe manner.

**Doug Dacko** is a state licensed electrician with over 30 years of experience in residential, commercial and industrial work. He is the previous owner of Titan Electrical Service. Doug taught an in-service class for Greenville County Schools on electrical safety in the classroom. He retired from Greenville County Schools as an administrator.

### **How an Astronerd Thinks**

Monday, March 18, 11:00 a.m. to 12:30 p.m.

Cheezem Education Center

**Tuition: \$19**

This informal session explores, presents and explains simple numerical tricks, card tricks, deceptive logical arguments, gambling myths, little green men, etc. Tease your brain and your funny bone as you play with numbers, ideas, and your own perceptions! Participants are invited to join in, contribute, discuss ... or to just sit back and enjoy.

**Myles Standish**, Ph.D. in astronomy from Yale, spent most of his career at Caltech’s Jet Propulsion Laboratory, providing accurate planetary positions to the spacecraft navigation team as well as to the world’s major almanac

offices. He has spoken at professional meetings, astronomy departments, civic groups, and was a guest lecturer on the Queen Mary II. Asteroid “3420 Standish” was named in his honor.

### **Google Photos: Free (Yes, Free) Backup and Organization for Your Photos**

2 Thursdays, March 21 and 28, 2:00 p.m. to 4:00 p.m.

Cheezem Education Center

Tuition: \$29

Get to know Google Photos! This is an application (app) you can use on both your phone and computer; you can set the photos and videos that you take with your phone’s camera to be backed up in your Google Photos account. The storage is free, unlimited and automatic; it is accessible from any other computer or device logged in to your Google Photos. We will also demonstrate organizing and editing photos, and we’ll use the classroom computer and projector to orient you to both the smartphone app and the computer interface. You will need a Google account to use this app; if you use Gmail, you’ll just need your username and password. Bring your phone and a laptop if you would like to practice after the presentation.

**Laurie Holleman Sherrod** earned a B.A. from Clemson University and an M.A.T. from the Citadel. She has 40+ years of teaching experience in math, computer science, and computer technologies. She is a certified Google Apps for Education trainer. She is currently working in Clemson University’s Information Technology Security Trainer Helpdesk writing knowledgebase articles about using computers at Clemson.

### **New! Upstate Agriculture with Split Creek Farm and Clemson University’s Small Ruminant Research Farm**

Wednesday, March 27 - Register by March 19

Departs the Cheezem Education Center at 12:30 p.m. and returns at approximately 5:00 p.m.; total travel time ~ 1 hour

Tuition: \$42, includes transportation, two tours, and a tasting

On this tour, get up-close and personal with just a few of the animals that are part of Clemson, South Carolina’s agricultural heritage. Split Creek Farms has been an integral part of the community for over three decades! On a visit to the farm, meet some of the herd while learning about the multiple varieties of goats that call Split Creek home. Following a short tour of the farm, get a taste of some of Split Creek’s most popular goat milk products. On a tour of Clemson University’s Simpson Small Ruminant Research Farm, meet sheep (and likely baby lambs) and learn about the program that encourages

students to embrace the farming life and continue the tradition of agriculture in the Upstate.

**OLLI Volunteer Excursion Leaders** and staff will shepherd your afternoon experiences.

### **Introduction to Google Drive**

2 Mondays, April 1 and 8, 2:00 p.m. to 4:00 p.m.

Cheezem Education Center

Tuition: \$29

Cloud storage is defined as “a cloud computing model in which data is stored on the Internet” and offers the ability to store and share documents, photos, and videos in the “cloud.” One popular, easy and free (with limitations) option is Google Drive. With Google Drive you can back up your critical files to the Cloud – making them available to you from any computer, tablet, or phone. Or you may use Google Drive to create word processing, spreadsheet, or presentation files without owning Microsoft Office. The class will demonstrate uses of Google Drive: storing and organizing your files, sharing files, uploading and downloading files, creating files from your browser, and accessing files on a smartphone or tablet. Students will need to bring their own laptop for use in this course.

**Laurie Holleman Sherrod** earned a B.A. from Clemson University and an M.A.T. from the Citadel. She has 40+ years of teaching experience in math, computer science, and computer technologies. She is a certified Google Apps for Education trainer. She is currently working in Clemson University’s Information Technology Security Trainer Helpdesk writing knowledgebase articles about using computers at Clemson.

### **New! Feed & Seed: Combating Food Inequities in Our Region**

Tuesday, April 2 - Register by March 26

Departs Cheezem Education Center at 10:30 a.m. and returns at approximately 2:30 p.m.; total travel time ~ 1 hour

Tuition: \$39; includes transportation, presentation and tour, and light lunch

Feed & Seed is a learning center for farm, food, and related business in the context of a working farm, market, commissary, grocery and cafe. As the farm-to-table movement grows, and with more global attention on the food gap and food equity, programs and facilities such as Feed & Seed are working to increase food security in our community. Upstate Commons in Greenville’s West Village is the new home to Greenville’s Feed & Seed, where they host a variety of opportunities for members of the community to both purchase and learn about locally-sourced food available to them. The organization works



with Clemson University students and faculty to create opportunities for families to receive affordable, healthy, local foods and learn about agriculture and food pathways. Discover this important Upstate organization in action at one of Clemson Universities Cooperative farms, and learn about local farms through a healthy, fresh, locally sourced light lunch.

**Mike McGirr**, co-founder and executive director of Feed & Seed, hosts our visit. His background includes growing up on an intense organic farm, running production of national brand marketing and advertising campaigns, and private cheffing as a devoted advocate of local, authentic and fresh foods.

*2018-2019*

## **OLLI AT CLEMSON UNIVERSITY BOARD OF ADVISORS LEADERSHIP**

Richard Cowan, President

Chip Stapleton, Vice President

Mildred Spearman, Past President

Lanny Parsons, Secretary

Contact the Board of Advisors  
at [cuollibo@gmail.com](mailto:cuollibo@gmail.com).

*Member benefit:*

### **One-on-one technical assistance with Technical Insights**

3 Fridays, February 1, March 1, and April 5, 10:00  
a.m. to 12:00 p.m.

Cheezem Education Center

New technology can be frustrating and tries one's patience – let us help you! Whether you have questions about your laptop (Why is it slowing down? Do I need a new one?), software updates (Now I can't print!), or virus protections (How do I protect against bad guys?), the OLLI team of volunteers is ready to research and answer your concerns. Wondering about using your smart phone as a camera, and how to share and manage photos on yet another device? They can help with digital cameras and photos too! And they are happy to make recommendations about which device might suit your needs, if you are wondering about new technologies.

Each Technical Insights session accepts drop-in participants, but for the best service, call ahead to book a free appointment at 864-633-5242. Bring the device you have questions about, and login and password credentials as appropriate. These might include your email passwords, Microsoft identification number and password, Apple ID, etc.



## *Special Interest Groups* **WINTER MEETING SCHEDULE:**



### **OLLI Art Group**

Every Monday, 1:30 p.m.  
Cheezem Education Center  
Facilitator: Diana Carnes  
dianacmail@aol.com



### **OLLI Board Games**

1st and 3rd Tuesdays Each Month (Beginning January 15), 1:30 p.m.  
Cheezem Education Center  
Facilitator: Judie Schneider  
AccountingJudie@gmail.com



### **OLLI Book Club**

1st Friday Each Month, 10:00 a.m.  
Cheezem Education Center  
Facilitator: Peggy Cover  
pcover@clermson.edu



### **OLLI Coffee House**

2nd and 4th Mondays Each Month, 10:00 a.m.  
Cheezem Education Center  
Facilitator: Dave Scherrep  
reserve1@bellsouth.net



### **OLLI Gardening Group**

1st Wednesday Each Month, 3:00 p.m.  
Cheezem Education Center  
Facilitator: Susan Creamer  
smcreamergmail.com



### **OLLI Lightroom and Photoshop Users Group**

3rd Friday Each Month, 2:00 p.m.  
Cheezem Education Center  
Facilitator: Otto Kohler  
twokohlers@bellsouth.net



### **OLLI Mah Jongg Group**

Every Tuesday, 12:30 p.m.  
Cheezem Education Center  
Facilitator: Janice Dieter  
dieterjw@yahoo.com



### **OLLI Mah Jongg Group, Chinese Play Option**

Every Thursday (Beginning January 10), 1:00 p.m.  
Westminster Depot  
Facilitator: Tamara Rumery  
elpasomts@yahoo.com



### **OLLI Needles and Threads Group**

Every Wednesday, 1:30 p.m.  
Cheezem Education Center  
Facilitator: Nan Jones  
jones4927@bellsouth.net



### **OLLI Pickleball Group**

Every Friday (Beginning January 5), 11:00 a.m.  
Nettles Park, Clemson  
Facilitator: Linda Davy  
rfdavy00@bellsouth.net



### **OLLI Tai Chi Group**

Every Tuesday, 9:30 a.m.  
Cheezem Education Center  
Facilitator: Neil Calkin  
neilcalkin@gmail.com

## *New Special Interest Groups:*

### **OLLI Philosophy Group**

Every Thursday, 1:30 p.m. when "The Philosopher's Toolkit" is not offered.

Cheezem Education Center

Facilitator: Carl Fortson, carlfortson@bellsouth.net

Growing from a single course offered years ago, this Special Interest Group continues the conversation begun in class. All Members are welcome to attend the Group, which meets when the related course is not in session. When "The Philosopher's Toolkit" is in session, the Group does not meet. See the course description on page ( ).

### **OLLI Living Fully to the End**

2nd and 4th Fridays Each Month, 10:00 a.m.

Cheezem Education Center

Facilitator: Marty Bruehl, mebruehl2@gmail.com

When we talk about death and dying, it helps us live better. In a respectful place and through a series of conversations, we can share as much as we like about our concerns, curiosities, beliefs and stories about any aspect of the natural process of death, grieving and mourning.

## Membership and Registration Form - Winter 2019

Please fill out completely, even if you think we have this information on file.

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

How did you hear about OLLI at Clemson? \_\_\_\_\_

Gender: ☐ Female ☐ Male Date of Birth (Month, Year): \_\_\_\_\_

Catalog Format: ☐ Email Catalog ☐ U.S. Mail Catalog

Email Communication: ☐ Yes ☐ No

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

Please note: Each member of a couple must submit a separate form to ensure proper registration.

### Annual Membership Fee

☐ I am renewing my annual OLLI membership (\$35) for the 2018-2019 Member year. \$ \_\_\_\_\_

☐ I am a NEW OLLI member and paying my first membership fee (\$35) \$ \_\_\_\_\_

Memberships purchased between now and April 15, 2019, are valid through June 30, 2019. If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Membership: \$ \_\_\_\_\_

Course Name \_\_\_\_\_ Tuition: \$ \_\_\_\_\_

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Course Name \_\_\_\_\_ Tuition: \$ \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

### Payment Information

☐ Check enclosed (payable to OLLI at Clemson University)

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_



# REGISTRATION INFORMATION

## 4 Easy Ways to Register

- Online: [www.olliatclermson.org](http://www.olliatclermson.org), click the link “online registration” (credit card payment only)
- By Phone: 864-633-5242 (credit card payment only)
- By Mail: 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- In Person at the Cheezem Education Center, Monday through Friday, 8:30 a.m. to 4:30 p.m. (cash, check or credit card payment)

## Refund/Cancellation

If you must cancel your registration in an OLLI Course or Excursion, a full or partial refund may be available to you. Our current refund procedures are listed on our website, [www.olliatclermson.org](http://www.olliatclermson.org). All Members are encouraged to review this information when registering.

If an OLLI Course or Excursion is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

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## Accessibility

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## Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual. For questions, please contact Julie Vidotto at 864-633-5244 or [jvidott@clemson.edu](mailto:jvidott@clemson.edu).

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A nonrefundable \$35.00 annual membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year.

## Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

## Charles K. Cheezem Education Center

OLLI offices are normally staffed 8:30 a.m. to 4:30 p.m. Monday through Friday. As a Clemson University facility, the Center is smoke-free and follows campus facility policies.

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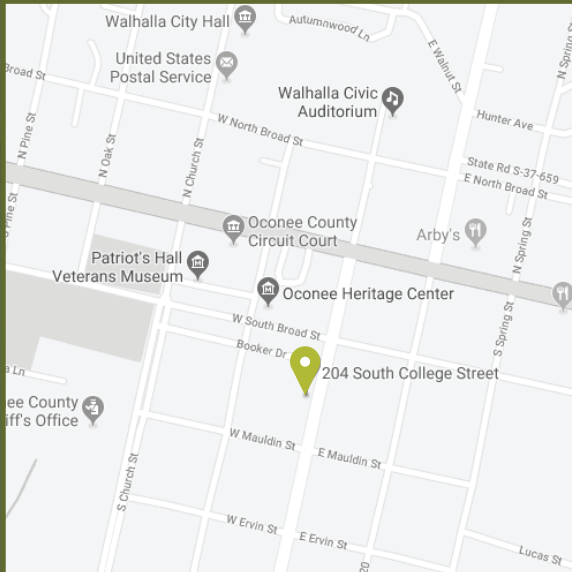
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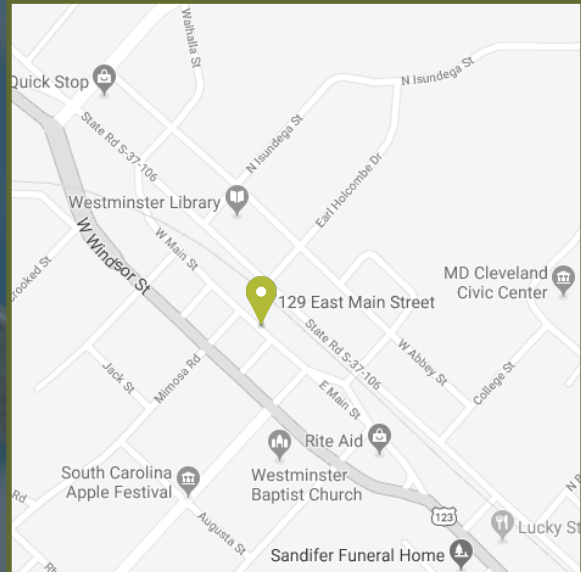
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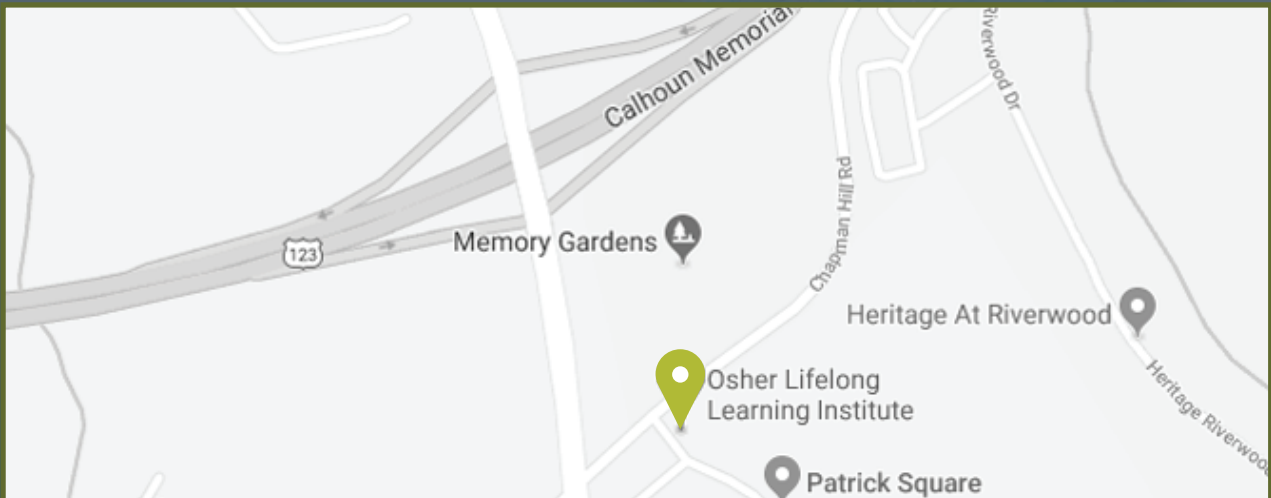
## Three Learning Locations:



Tuesdays Only  
Walhalla Train Depot  
211 South College Street  
Walhalla, South Carolina 29691



Thursdays Only  
Westminster Train Depot  
129 East Main Street  
Westminster, South Carolina 29693



Cheezem Education Center  
100 Thomas Green Boulevard  
Clemson, South Carolina 29631

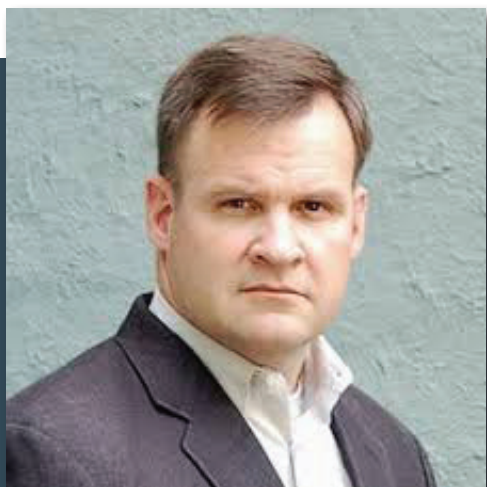


**OSHER LIFELONG  
LEARNING INSTITUTE**

OLLI at Clemson University  
100 Thomas Green Blvd.  
Clemson, SC 29631

Phone: 864-633-5242  
Email: [olli@clemson.edu](mailto:olli@clemson.edu)  
[www.olliatclemson.org](http://www.olliatclemson.org)

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## *Special Event*

### **The Green Beret Way**

Friday, April 5

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Free and Open to the Public

As a retired senior Army Special Forces Officer (Green Beret) and author of three acclaimed novels, John Fenzel shares his experiences from the West Wing of the White House and the E-Ring of the Pentagon, to the many war zones he has operated in around the world. He relates the power of humanity in the face of searing conflict; of

friendship in the wake of crisis; overcoming adversity; and the enormous value of storytelling, its lost art, and the tremendous importance it holds for leaders and for future generations alike. Punctuated with personal stories that extend from the White House Situation Room to conflict zones in the Middle East, his message is powerful, entertaining, and delivered with high energy, humor, and passion.

John Fenzel has served on the personal staff of the Secretary of Defense, as a Special Assistant to the Vice President, as a strategic planner for the Chief of Staff of the Army, and as a White House Fellow during the Clinton and Bush administrations. He commanded a Special Forces Battalion at Fort Bragg, North Carolina and an Army brigade at Fort Knox, Kentucky. In the wake of the 9-11 attacks, he served as Staff Director for Tom Ridge in the Homeland Security Council. In his 30 years of military service, John has served in numerous command and staff positions around the world. In Bosnia, he commanded the special operations teams in the U.S. and British sectors, working closely with the United Nations to secure the indictments and convictions of those responsible for war crimes in Srebrenica. He is the only active duty American military officer to testify at The Hague in support of the International Criminal Tribunal for the Former Yugoslavia (ICTY).